

Secrets of Baby Behavior Learning Guide for Ongoing Professional Development

Note to Learner: Early Impact Virginia encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

Ongoing: View the Professional Development Program and each EIV training module as an investment in skills and knowledge to help improve home visitor effectiveness.

Before the training:

- Learner and supervisor review course objectives and home visitor competencies
 - Learner rates knowledge of learning objectives
-

During the training, the learner:

- Completes activities
 - Reflects on own response
 - Identifies questions and concerns
 - Completes post-training evaluation
-

After the training:

- Learner:
 - Rates knowledge of learning objectives
 - Completes post-training activities, as required
 - Develops an action plan for applying skills and knowledge in daily practice
 - Meets with supervisor to:
 - Review pre- and post-training activities
 - Discuss reflections, questions, and concerns
 - Review action plan for applying skills and knowledge in daily practice
 - Assess personal learning goals, transfer of learning, and action plan
-

This 30-minute online module, adapted from the “Secrets of Baby Behavior” module developed by the USDA Special Project Grant for WIC, gives home visitors in-depth information about infant behavior to share with new and expecting parents. It is a pre-requisite for three HVC modules: Breastfeeding, Child Development 0-3 (Virginia Early Intervention Module) and Child Development 3-5.

Secrets of Baby Behavior Learning Guide for Ongoing Professional Development

Virginia Home Visitor Competencies Addressed:

- 1.1.a. Recognizes the parent/caregiver-child relationship is the foundation of early development.
- 1.1.b. Describes the importance of early parent/caregiver-child relationships and consistent, responsive interactions in building relationships that promote health, development and learning.
- 1.1.d. Supports parents to build a healthy relationship with their child.
- 1.2.d. Describes the importance of adjusting parenting style to each child’s temperament as well as the child’s changing and unique needs.
- 1.2.f. Describes the benefits of parent-child interactions such as reading, singing, and talking.
- 2.2.a. Provides resources, teaching, and modeling to help parents learn how to promote their child’s social-emotional confidence.
- 2.2.b. Provides resources, teaching, and modeling to help parents learn how to promote appropriate developmental experiences.
- 4.1.b. Educates families on safe sleeping practices for infants and toddlers.

Before the Training

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Describe six different infant states.		
Describe strategies for calming or stimulating a baby to help move them from one state to another.		
Identify baby behavioral cues for engagement or disengagement.		
Explain babies’ crying, sleeping and feeding patterns during their first few months.		
Discuss strategies for teaching parents about the benefits of responding appropriately to their baby’s cues.		
Describe safe sleep guidelines.		

My personal learning goals for this training are:

1. _____
2. _____
3. _____

Secrets of Baby Behavior
 Learning Guide for Ongoing Professional Development

After the Training

Reflections on what I learned:

Questions and concerns I identified:

Action Plan: (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Share information and materials about baby behavior with new and expecting parents.
- Provide modeling and assistance to help families to identify their baby’s cues and states.
- Share coping strategies for infant crying with families.
- Share safe sleep information with families.

My Action Plan

Action	Target Date	Date Completed