Additional Resources

Substance Exposed Infants

SAMHSA’s National Center on Substance Abuse and Child Welfare:

Social-emotional and cognitive development go hand in hand in developing the executive functioning skills needed for later success in school. Video clip, “Serve and Return Interaction Shapes Brain Circuitry #2” from the Center on the Developing Child at Harvard University:
https://www.youtube.com/watch?v=m_5u8-QSh6A

Teach parents and caregivers ways to help young children when they struggle to learn a concept or complete an activity through “scaffolding.” Video, “Scaffolding Children’s Learning,” from the U.S. Dept. of Health’s Administration for Children and Families:
https://www.youtube.com/watch?v=5hWDbSx_kdo

Local Early Intervention Programs are available to take referrals on substance exposed infants, or any child birth to three, who are at risk for developmental delays/atypical development. To locate the Early Intervention Program in your area go to https://www.infantva.org, click “contact us” to find your area program.