

Home Visiting 102 – Home Visitor Skills and Strategies Learning Guide for Ongoing Professional Development

Note to Learner: Early Impact Virginia encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

Ongoing: View the Professional Development Program and each EIV training module as an investment in skills and knowledge to help improve home visitor effectiveness.

Before the training:

- Learner and supervisor review course objectives and home visitor competencies
 - Learner rates knowledge of learning objectives
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During the training, the learner:

- Completes activities
 - Reflects on own response
 - Identifies questions and concerns
 - Prints Reflective Responses to share with supervisor
 - Completes post-training evaluation
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After the training:

- Learner:
 - Rates knowledge of learning objectives
 - Completes post-training activities, as required
 - Develops an action plan for applying skills and knowledge in daily practice
 - Meets with supervisor to:
 - Review pre- and post-training activities
 - Discuss reflections, questions, and concerns
 - Review action plan for applying skills and knowledge in daily practice
 - Assess personal learning goals, transfer of learning, and action plan over time
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5-minute online module

This 45- minute online module explores the daily activities of a home visitor and describes skills that can improve a home visitor’s effectiveness. Skills include taking a strength-based approach, using counseling and other strategies for parent education and support, and the importance of effective communication skills.

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Virginia Home Visitor Competencies Addressed:

- 6.1.d. Incorporates observations, parent report, screening and assessment data into home visit plans to support the family.
- 6.2.b. Identifies as a professional, continuously seeking to improve work-related skills and performance through self-reflection with peers and supervisors and through continuing professional development opportunities to increase knowledge and skills.
- 6.4.a. Ensures that all interactions with families, co-workers, and related agencies exemplify professionalism and are within the scope and limits of one’s own role and competence.
- 6.6.a. Uses appropriate and effective verbal and written communication skills in an ongoing and positive manner to collaborate with families and other service providers.

Before the Training

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Explain the role of a home visitor.		
Describe a home visit, including the home visitor’s responsibilities before, during and after.		
List the behaviors of effective home visitors.		

My personal learning goals for this training are:

1. _____
2. _____
3. _____

After the Training

Reflections on what I learned:

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Questions and concerns I identified:

Post-Training Activities:

Action Plan: (Each learner’s plan will be unique. To get you started, some ideas are listed below.)

As a result of this training, I will...

- Find out if your program uses an enrollment agreement. Review the agreement and practice using it with a colleague.
- Shadow a veteran home visitor on three home visits. Identify examples of reflective listening.
- Write a brief strength-based assessment about each of the families you’ve observed.
- Use the “Reflecting on the Visit” worksheet (page 4) after each visit to guide your reflection. Share your completed worksheet with your supervisor.

My Action Plan

Action	Target Date	Date Completed

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Reflect on the visit by asking yourself:

-  Did I attend to what the family was telling me with their words and non-verbal cues?

-  Am I sure that the family understood the important points of the visit?

-  Were there any signs of problems that I should look into further?

-  Did I encourage the mother to contact her provider about any health concerns?

-  Did I notice how the other children were behaving?

-  Did I feel confident that Mom and her children are in a safe place?

-  How did our visit further this family's goals?

-  What else might I do to empower this family?

Add your own questions here:

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