

**Note to Learner:** The Institute for the Advancement of Family Support Professionals (IAFSP) encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

**Ongoing:** View the Professional Development Program and each training module as an investment in skills and knowledge to help improve home visitor effectiveness.

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**Before the training:**

- Learner and supervisor review course objectives and family support professional competencies
- Learner rates knowledge of learning objectives

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**During the training, the learner:**

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Prints Reflective Responses to share with supervisor
- Completes post-training evaluation

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**After the training:**

- Learner:
  - Rates knowledge of learning objectives
  - Completes post-training activities, as required
  - Develops an action plan for applying skills and knowledge in daily practice
  - Meets with supervisor to:
    - Review pre- and post-training activities
    - Discuss reflections, questions, and concerns
    - Review action plan for applying skills and knowledge in daily practice
    - Assess personal learning goals, transfer of learning, and action plan over time

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This 60-minute online module, *Staying Safe While Supporting Families*, is for learners to increase their knowledge about the risks family support professionals may face while providing home visits, and to provide the tools needed to appropriately respond to an unsafe situation.

The commitment and care that make family support professionals effective may at the same time lessen their awareness to risk. This module intends to increase awareness of and prepare family support professionals for those potential dangers so they can keep their focus on the families they serve.

**NATIONAL FAMILY SUPPORT PROFESSIONAL COMPETENCIES**

*Domain 5: Family Health, Safety and Nutrition*

*Dimension 19: Physical Health*

*Component c: Substance abuse*

*Dimension 21: Intimate Partner Violence*

*Component a: Recognizing intimate partner violence*

*Component: Safety planning*

*Domain 10: Professional Practice*

*Dimension 37: Professional boundaries*

*Component a: Individual well-being and self-care*

*Component b: Boundaries*

*Component c: Personal safety*

**BEFORE THE TRAINING**

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Discuss how professional choice and gender socialization influence our personal approach to safety.		
Define the three keys to safety and how they relate to increased personal safety.		
Prepare for and conduct home visits in a manner that protects personal well-being.		
Identify the signs of domestic violence and drug abuse and manufacture.		

**My personal learning goals for this training are:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## AFTER THE TRAINING

**Reflections on what I learned:**

**Questions and concerns I identified:**

**Action Plan:** (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Review my agency’s policies and procedures regarding safety during travel to and from home visits and during the visits themselves. Talk with my supervisor if I believe there are additional safety measures that could be taken.
- Reflect on the safety measures I currently employ. Are there areas for improvement?
- Talk with my supervisor about steps I should take if I encounter an unsafe situation, such as drug use or manufacture, or intimate partner violence.

### My Action Plan

ACTION	TARGET DATE	DATE COMPLETED