



Instructions: Using colored pencils or pens, write your “Why” statement above and post it by your desk to support your leadership efforts with your team.

## Your role in supervising family support professionals

- Create a supportive and open environment.
- Establish clear expectations in areas of documentation, intervention strategies, boundaries and participation in reflective supervision.
- Use strength-based and solution-focused communication strategies.
- Provide three elements of supervision, including educational, administrative and supportive supervision.
- Support staff members’ ongoing growth and development.
- Stay up-to-date on family support principles, program standards, agency mission and vision and funder outcomes and benchmark.

# Family Support Supervision: Values-Oriented, Strength-Based and Model-Specific

RESOURCE GUIDE

## Resources

### Chapter 1: Welcome

- Welcome - [Video](#)

### Chapter 2: The Supervisory Relationships

- Reflective Writing – [Handout](#)
- How Great Leaders Inspire Action, TED Talk - [Video](#) and [Transcript](#)
- Creating a “Why?” Statement – [Handout](#)
- Home Visitation and the IDPH Vision and Mission - [Handout](#)
- Communicating the Vision, Mission and Goals of Family Support Service – [Video](#) and [Transcript](#)

### Chapter 3: Supervision and Accountability

- Reflective Supervision Overview – [Video](#) and [Transcript](#)
- Establishing Clear Expectations – [Transcript](#)
- Accountability Discussion Demonstration - [Video](#) and [Transcript](#)

### Chapter 4: Communication Strategies

- Active Listening and Curiosity and Wonder – [Handout](#)
- Active Listening – [Resource Handout](#)
- Steps in Normalizing – [Video](#) and [Transcript](#)
- Feel, Felt, Found – [Handout](#)
- Praise and Solution-Focused Questions - [Video](#) and [Transcript](#)
- Communication Strategies Scenarios - [Handout](#)
- Strategies that Reinforce Family Support Beliefs - [Handout](#)
- Family Support Beliefs - [Resource Handout](#)

### Chapter 5: Supervision, Leadership and Support

- Introduction to 3 Elements of Supervision - [Video](#) and [Transcript](#)
- The Three Elements of Supervision – [Handout](#)
- Building a Framework and Model for Child Welfare Supervision - [Resource Handout](#)

### Chapter 6: Leadership and Support – Professional Development

- Participant Engagement - [Video](#) and [Transcript](#)
- Professional Development – [Handout](#)
- The Functions of Supervision – [Resource Handout](#)
- Program/Team Development - [Handout](#)
- Example of Job Shadowing Form - [Resource Handout](#)
- Staying Current – [Handout](#)
- Supporting the Family Support Supervisor – [Resource Handout](#)
- What Makes Supervision Work?– [Resource Handout](#)
- Additional Resources - [Resource Handout](#)