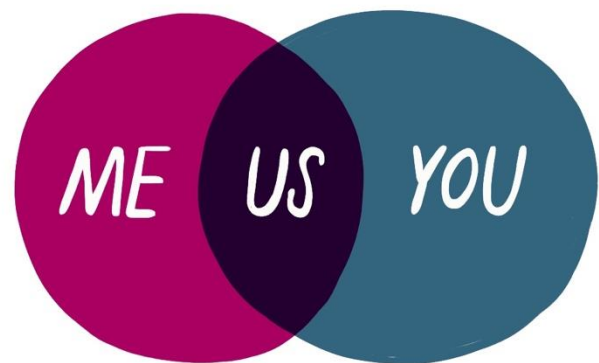


# Family Partnerships That Support Child Development

RESOURCE GUIDE

## To support child development:

- Find out from each family how they define “family.”
- Build trust and be open to learning about different kinds of families.
- Build relationships with all family members, including dad, grandparents, friends, siblings and other caregivers, and include them in home visits as appropriate.
- Focus on family strengths.
- Find out what the family dreams of for their children and family.
- Collaborate: The parent is the expert on themselves and their family. You support the family to achieve their hopes and dreams.
  - Share child development information and show families how they can support growth and development through daily routines.
  - Help new parents understand the crying behaviors of newborns.
  - Support parents to build a healthy attachment with their child.
  - Share positive guidance strategies with parents.
    - Routines – promotes safety
    - Time-out – calms emotions
    - Baby-proofing – prevents conflict
    - Redirecting behavior – avoids power struggles
  - Be alert for child mental health concerns and provide appropriate referrals.



## Resources

### Chapter 1: Welcome

- Welcome - [Video](#)

### Chapter 2: Partnering with Families

- Partnering with Families: A Case Study - [Video](#) and [Transcript](#)
- Defining Family in the U.S. – [Handout](#)
- The Changing Definition of Families - [Video](#) and [Transcript](#)

### Chapter 3: Where to Begin with Families

- Families as a System Video - [Video](#) and [Transcript](#)
- Multigenerational Family Case Study – [Video](#) and [Transcript](#)
  - Family Support Professional 1 - [Video](#)
  - Family Support Professional 2 - [Video](#)
  - Family Support Professional 3 - [Video](#)
- Focusing on Family Strengths – [Handout](#)
- My Strengths Survey – [Handout](#)
- The Role of Fathers – [Handout](#)
- Family Systems Theory Resource – [Resource Handout](#)
- Multigenerational Families Additional Resources - [Resource Handout](#)

### Chapter 4: Collaborating with Families

- Building Rapport with Families – [Handout](#)
- Communicating Effectively with Families [Video](#) and [Transcript](#)
- Collaborating with Families – [Handout](#)
- Conflict as Thinking, Margaret Heffernan TED Talk - [Video](#) and [Transcript](#)
- Conflict as Thinking Examples - [Handout](#)

### Chapter 5: Child Development Overview

- Development From Birth to Age Five - [Video](#) and [Transcript](#)
- Birth to 5 Development Matching Game – [Handout](#)
- Developmental Domains Birth to 5 – [Handout](#)
- The Science of Neglect, Center on the Developing Child at Harvard University - [Video](#) and [Transcript](#)
- Developmental Milestones – [Resource Handout](#)
- Milestones in Social-Emotional Development – [Resource Handout](#)
- Core Concepts in the Science of Early Childhood Development – [Resource Handout](#)
- Iowa Early Learning Standards - [Resource Handout](#)

### Chapter 6: Shaping Developmental and Behavioral Expectations

- Supporting Development for the Whole Child – [Handout](#)
- What gets in the way for families? - [Video](#) and [Transcript](#)
- Period of PURPLE Crying – [Handout](#)
- Developmental Screening and Concerns - [Video](#) and [Transcript](#)
- Effects of Poverty on Child Development – [Resource Handout](#)
- The Effects of Poverty on Children - [Resource Handout](#)

### Chapter 7: Meeting Children’s Mental Health Needs

- Attachment Disorders – [Handout](#)
- The Family Support Professional’s Role - [Video](#) and [Transcript](#)
- If I Had Bad Parents, Will I Be a Bad Parent, Too? PBS - [Blog Post](#)
- Positive Guidance – [Handout](#)
- Resources for Child Development Information – [Resource Handout](#)
- Children and TV, Mayo Clinic – [Resource Handout](#)
- Five Numbers to Remember About Early Childhood Development - [Resource Handout](#)