

Note to Learner: The Institute for the Advancement of Family Support Professionals (IAFSP) encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

Ongoing: View the Professional Development Program and each training module as an investment in skills and knowledge to help improve home visitor effectiveness.

Before the training:

- Learner and supervisor review course objectives and family support professional competencies
- Learner rates knowledge of learning objectives

During the training, the learner:

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Prints Reflective Responses to share with supervisor
- Completes post-training evaluation

After the training:

- Learner:
 - Rates knowledge of learning objectives
 - Completes post-training activities, as required
 - Develops an action plan for applying skills and knowledge in daily practice
 - Meets with supervisor to:
 - Review pre- and post-training activities
 - Discuss reflections, questions, and concerns
 - Review action plan for applying skills and knowledge in daily practice
 - Assess personal learning goals, transfer of learning, and action plan over time

This 180-minute online module, *Assessment to Action: Building on Strengths, Finding Solutions*, supports learners to increase their understanding of strength-based practice and connecting families to community supports in home visitation. This module also aims for learners to better understand how to apply critical thinking skills in their work.

NATIONAL FAMILY SUPPORT PROFESSIONAL COMPETENCIES

- Domain 4: Dynamics of Family Relationships*
 - Dimension 14: Healthy family functioning*
 - Component b: Family strengths*
- Domain 4: Dynamics of Family Relationships*
 - Dimension 14: Healthy family functioning*
 - Component d: Networks of support*
- Domain 6: Community Resources and Supports*
 - Dimension 22: Building community relationships*
 - Component a: Identification of community resources*
- Domain 6: Community Resources and Supports*
 - Dimension 23: Service system coordination and referrals*
 - Component a: Referral process*
- Domain 7: Relationship-Based Family Partnerships*
 - Dimension 25: Respect and responsiveness*
 - Component b: Relationship-building*
- Domain 10: Professional Practice*
 - Dimension 10: Reflective practice*
 - Component a: Critical reflection*

BEFORE THE TRAINING

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Assess and support families through strength-based services.		
Connect families to community supports and services.		
Understand and use critical thinking skills for family support work.		
Use specific strategies to build the critical thinking skills of parents.		

My personal learning goals for this training are:

1. _____
2. _____
3. _____

AFTER THE TRAINING

Reflections on what I learned:

Questions and concerns I identified:

Action Plan: (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Practice curiosity at work and in my personal life.
- Reflect on my home visiting practice, paying special attention to my efforts to provide family-centered and strength-based services. Talk with my supervisor if I identify areas for growth.
- Maintain an updated resource guide for formal and informal support and resources that are available for families in my community.
- Engage in regular reflective practice to build my critical thinking skills. Use the RED format – Recognize assumptions, Evaluate information, and Draw conclusions.
- Support families in building critical thinking skills using the RED format.
- Review my agency’s documentation protocol.

My Action Plan

ACTION	TARGET DATE	DATE COMPLETED