

Note to Learner: The Institute for the Advancement of Family Support Professionals (IAFSP) encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

Ongoing: View the Professional Development Program and each training module as an investment in skills and knowledge to help improve home visitor effectiveness.

Before the training:

- Learner and supervisor review course objectives and home visitor competencies
- Learner rates knowledge of learning objectives

During the training, the learner:

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Prints Reflective Responses to share with supervisor
- Completes post-training evaluation

After the training:

- Learner:
 - Rates knowledge of learning objectives
 - Completes post-training activities, as required
 - Develops an action plan for applying skills and knowledge in daily practice
 - Meets with supervisor to:
 - Review pre- and post-training activities
 - Discuss reflections, questions, and concerns
 - Review action plan for applying skills and knowledge in daily practice
 - Assess personal learning goals, transfer of learning, and action plan over time

This 240-minute module, *Child Development 0-3*, describes the way children grow and learn in the four developmental domains within the context of their environment. It guides the family support professional to support families in celebrating developmental milestones and addressing concerns.

NATIONAL FAMILY SUPPORT PROFESSIONAL COMPETENCIES

Domain 1: Infant and Early Childhood Development
Dimension 1: Typical and atypical development
Component a: Developmental domains
Component b: Stages and milestones
Component d: Developmental delays
Dimension 4: Early language and communication
Component a: Language development
Component c: Autism
Dimension 5: Early learning
Component a: Routines and interactions

Component b: Learning through play
Component d: Early literacy
Domain 2: Child Health, Safety and Nutrition
Dimension 6: Infant mental health
Component a: Brain Development
Domain 3: Parent-Child Interactions
Dimension 13: Developmentally appropriate guidance
Component a: Discipline versus punishment
Component b: Positive guidance strategies

BEFORE THE TRAINING

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Identify the developmental domains: physical, cognitive, language and social emotional		
Have a working knowledge of the developmental stages and milestones for typically developing children		
Recognize possible developmental delays or concerns and how they may impact learning and development		
Understand how development and early learning occur within the context of a secure relationship with a consistent caregiver		
Recognize early literacy behavior in infants and toddlers		
Explain how neural connections in the brain are built over time		
Understand that a parent’s childhood experiences influence their own parenting		
Describe positive guidance strategies such as setting limits, providing choices and logical consequences		

My personal learning goals for this training are:

1. _____
2. _____
3. _____

AFTER THE TRAINING

Reflections on what I learned:

Questions and concerns I identified:

Action Plan: (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Talk with my supervisor about my program and model’s requirements for using parenting assessment tools. If a tool is required, I’ll make sure I know how and when to use it.
- Find out my program and model requirements for child development assessment.
- Develop a relationship with local Part C Early Intervention.
- Seek out current and new research on child development through Zero to Three, HARC and other organizations.
- Ask parents about their childhood experiences and how they want to be with their child

My Action Plan

ACTION	TARGET DATE	DATE COMPLETED