

Note to Learner: The Institute for the Advancement of Family Support Professionals (IAFSP) encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

Ongoing: View the Professional Development Program and each training module as an investment in skills and knowledge to help improve home visitor effectiveness.

Before the training:

- Learner and supervisor review course objectives and home visitor competencies
- Learner rates knowledge of learning objectives

During the training, the learner:

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Prints Reflective Responses to share with supervisor
- Completes post-training evaluation

After the training:

- Learner:
 - Rates knowledge of learning objectives
 - Completes post-training activities, as required
 - Develops an action plan for applying skills and knowledge in daily practice
 - Meets with supervisor to:
 - Review pre- and post-training activities
 - Discuss reflections, questions, and concerns
 - Review action plan for applying skills and knowledge in daily practice
 - Assess personal learning goals, transfer of learning, and action plan over time

This 60-minute online module, *The Dad Effect: Engaging Fathers in Their Children's Lives and in Home Visiting*, provides information, strategies and resources family support professionals can use to support fathers in engaging with their children and in engaging them in home visiting.

Participants will learn the unique contributions father bring to the family, identify the barriers that may keep fathers from being involved and learn strategies for helping fathers overcome these barriers.

NATIONAL FAMILY SUPPORT PROFESSIONAL COMPETENCIES

- Domain 1: Infant and Early Childhood Development
 - Dimension 5: Early learning
 - Component a: Routines and interactions
 - Component b: Learning through play
- Domain 3: Parent-Child Interactions
 - Dimension 11: Influences on parenting
 - Component b: Social context
 - Component d: Parental self-efficacy
 - Dimension 12: Parent-child relationship
 - Component c: Facilitation of interactions
- Domain 4: Dynamics of Family Relationships
 - Dimension 15: Dynamics of family relationships
 - Component c: Risks and Stressors
 - Dimension 16: Fatherhood
 - Component a: Importance of fathers
 - Component b: Engaging fathers in home visits
 - Component c: Non-custodial fathers
- Domain 10: Professional Practice
 - Dimension 35: Reflective practice
 - Component b: Biases

BEFORE THE TRAINING

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Describe how father involvement benefits children, mothers and fathers.		
Identify the unique contributions fathers bring to their families.		
Identify barriers that may keep fathers from being involved with their children.		
Identify strategies for helping fathers overcome barriers and for facilitating fathers’ involvement in their children’s lives.		
Practice cultural humility when relating to fathers.		
Identify skills need for engaging fathers in home visits.		

My personal learning goals for this training are:

1. _____
2. _____
3. _____

AFTER THE TRAINING

Reflections on what I learned:

Questions and concerns I identified:

Action Plan: (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Reflect on my attitudes about fathers and take a father-friendly self-assessment, then talk with my supervisor to develop a plan for improvement if I identify biases that my impact my work.
- Check my language and written materials to be sure I welcome and include fathers in home visiting.
- Reflect on the families I work with to identify fathers I may not be reaching and plan for ways to include them in home visiting.
- Identify barriers the fathers I work with may be facing and help them address those barriers.
- Learn to know each father individually and help them see how they can share their strengths and skills with their children.
- Share unique contributions and benefits of father involvement with moms and dads.
- Maintain a file of father-friendly resources and activity ideas and share them with the fathers I work with.
- Map my community to identify fatherhood groups, parenting education classes and other resources suitable for fathers so that I can share this information with the fathers I work with.

My Action Plan

ACTION	TARGET DATE	DATE COMPLETED