

Note to Learner: The Institute for the Advancement of Family Support Professionals (IAFSP) encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

Ongoing: View the Professional Development Program and each training module as an investment in skills and knowledge to help improve home visitor effectiveness.

Before the training:

- Learner and supervisor review course objectives and home visitor competencies
- Learner rates knowledge of learning objectives

During the training, the learner:

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Prints Reflective Responses to share with supervisor
- Completes post-training evaluation

After the training:

- Learner:
 - Rates knowledge of learning objectives
 - Completes post-training activities, as required
 - Develops an action plan for applying skills and knowledge in daily practice
 - Meets with supervisor to:
 - Review pre- and post-training activities
 - Discuss reflections, questions, and concerns
 - Review action plan for applying skills and knowledge in daily practice
 - Assess personal learning goals, transfer of learning, and action plan over time

This 45-minute online module describes the social and emotional development of infants, toddlers and young children. Participants will learn typical social and emotional developmental milestones as well as practices and approaches to support families in supporting their young children’s social and emotional development. They’ll also learn to recognize risk factors and signs of potential concerns.

Participants will learn to identify signs and symptoms of trauma and its impact on social and emotional development. Finally, they will identify resources and supports families can access to support their children’s social and emotional development needs.

NATIONAL FAMILY SUPPORT PROFESSIONAL COMPETENCIES

Domain 1: Infant and Early Childhood Development

Dimension 1: Typical and atypical development

Component b: Developmental stages and milestones

Component d: Children with developmental delays or identified special needs

Dimension 5: Early learning

Component b: Learning through play

Domain 2: Child Health, Safety and Nutrition

Dimension 6: Infant mental health

Component a: Brain development

Component c: Mental health concerns

Domain 3: Parent-Child Interactions

Dimension 11: Influences on parenting

Component c: Child temperament and goodness of fit

Dimension 12: Parent-child relationship

Component a: Attachment

Dimension 13: Developmentally appropriate guidance

Component c: Promoting self-regulation

BEFORE THE TRAINING

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Define social and emotional development of young children.		
Identify typical social and emotional milestones in young children from birth to five years by specific age ranges.		
Describe practices and approaches to support social and emotional development in young children.		
Recognize risk factors for potential social and emotional concerns in young children.		
Define trauma and list types of traumatic experiences.		
Describe the impact of trauma on infants, toddlers and young children from a developmental perspective.		
Identify trauma signs and symptoms in infants, toddlers and young children.		
Identify resources and supports families can access to support social and emotional development needs.		

My personal learning goals for this training are:

1. _____
2. _____
3. _____

AFTER THE TRAINING

Reflections on what I learned:

Questions and concerns I identified:

Action Plan: (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Share social and emotional developmental milestone information and resources with families on my caseload.
- Identify referral resources in my community for families who have concerns about their children’s social and emotional development.

My Action Plan

ACTION	TARGET DATE	DATE COMPLETED