

Mental health, substance use, and intimate partner violence issues affect people from all walks of life – regardless of age, income level, social status or education.

Routinely screen all women – this normalizes the process and ensures that you do not miss anyone who needs help.

Why Screen?

- ✚ Early Detection
- ✚ Motivation to Change
- ✚ Referral to Treatment

Difference between screening and assessment:

- ✚ Screening
 - Completed by a variety of service providers
 - Set of questions
 - Not a medical test or exam
 - Does not determine a diagnosis
- ✚ Assessment
 - administered by qualified service provider
 - Obtains a comprehensive history
 - Develops an initial treatment plan

Screening Best Practice

- ✚ Follow agency guidelines
- ✚ Use agency's recommended screening tools
- ✚ Practice
- ✚ Observe confidentiality
- ✚ Screen all women
- ✚ Ask each question as it is written
- ✚ Create an environment that supports your client to complete the screening
- ✚ Keep a list of services and treatment in your community

Home visitors can screen clients, but they cannot provide assessments or make diagnoses.

LEARN MORE

- Take the EIV Classroom Training: *Screening Women for Risky Health Behaviors*

Suggested Screening Tools for Pregnant and Parenting Women

Substance Use:

- [4 P's](#)
- [5 P's Prenatal Substance Abuse Screen for Alcohol and Drugs](#)
- [5 P's Prenatal Substance Abuse Screen for Alcohol, Drugs and Tobacco](#)

Mental Health:

- [PHQ2](#)
- [PHQ9](#)

Perinatal Depression:

- Edinburgh Postnatal Depression Scale - [English](#) and [Spanish](#)
 - Includes Edinburgh's 10 questions

Intimate Partner Violence:

- Abuse Assessment Screen (AAS) – [English](#) and [Spanish](#)
- Women's Experience with Battering (WEB) Scale Relationship Assessment Tool (RAT) – [English](#) and [Spanish](#)

Substance Use (including tobacco), Emotional Health, and Intimate Partner Violence

- [Behavioral Health Risks Screening Provider Tool](#)
- Behavioral Health Risks Screening Patient Tool – [English](#) and [Spanish](#)

Screening Instruments for Pregnant Women and Women of Childbearing Age (Includes links to Spanish Language tools and purchasing information for additional tools)

- [Perinatal Screening Chart](#)