

**Note to Learner:** The Institute for the Advancement of Family Support Professionals (IAFSP) encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

**Ongoing:** View the Professional Development Program and each training module as an investment in skills and knowledge to help improve home visitor effectiveness.

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**Before the training:**

- Learner and supervisor review course objectives and home visitor competencies
- Learner rates knowledge of learning objectives

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**During the training, the learner:**

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Prints Reflective Responses to share with supervisor
- Completes post-training evaluation

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**After the training:**

- Learner:
  - Rates knowledge of learning objectives
  - Completes post-training activities, as required
  - Develops an action plan for applying skills and knowledge in daily practice
  - Meets with supervisor to:
    - Review pre- and post-training activities
    - Discuss reflections, questions, and concerns
    - Review action plan for applying skills and knowledge in daily practice
    - Assess personal learning goals, transfer of learning, and action plan over time

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This 60-minute online module will give family support professionals information they can use to support families and caregivers to reduce the risk for child maltreatment. Participants will learn legal definitions, risk factors for and consequences of child abuse and neglect. They'll learn how to promote protective factors, and educate families about managing behavior through positive discipline techniques.

**NATIONAL FAMILY SUPPORT PROFESSIONAL COMPETENCIES**

Domain 2: Child Health, Safety and Nutrition

Dimension 10: Child abuse, neglect and maltreatment

Component a: Signs of Abuse

Domain 3: Parent-Child Interactions

Dimension 11: Influences on parenting

Component c: Child temperament and goodness of fit

Component d: Parental self-efficacy

Dimension 12: Parent-child relationship

Component a: Attachment

Dimension 13: Developmentally appropriate guidance

Component b: Positive guidance strategies

Component c: Promoting self-regulation

Domain 10: Professional Practice

Dimension 34: Ethical and legal practice

Component a: Mandatory reporting

**BEFORE THE TRAINING**

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Discuss general knowledge about Federal legislation and definitions related to child abuse and neglect.		
Identify parent/caregiver and child risk factors for child maltreatment.		
Identify potential consequences of maltreatment.		
Name and describe six protective factors.		
Identify one strategy for supporting families in developing each of the six protective factors.		
Describe effective behavior management techniques for children of all ages.		

**My personal learning goals for this training are:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## AFTER THE TRAINING

Reflections on what I learned:

Questions and concerns I identified:

**Action Plan:** (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Share the personal mapping activity with families and support them in completing it if they chose to do so.
- Share information about 2-1-1 with families if it’s available in my community.
- Share information with families about keeping children safe from sexual abuse.
- Share “just in time” information about realistic expectations and positive behavior management strategies with families.
- Give families a copy of the “Nurturing Children” wheel to encourage them to look for opportunities and activities to nurture their children.

### My Action Plan

ACTION	TARGET DATE	DATE COMPLETED