

**Note to Learner:** The Institute for Advancement of Family Support Professionals encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

**Ongoing:** View the Professional Development Program and each EIV training module as an investment in skills and knowledge to help improve home visitor effectiveness.

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### **Before the training:**

- Learner and supervisor review course objectives and home visitor competencies
- Learner rates knowledge of learning objectives

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### **During the training, the learner:**

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Completes post-training evaluation

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### **After the training:**

- Learner:
  - Rates knowledge of learning objectives
  - Completes post-training activities, as required
  - Develops an action plan for applying skills and knowledge in daily practice
  - Meets with supervisor to:
    - Review pre- and post-training activities
    - Discuss reflections, questions, and concerns
    - Review action plan for applying skills and knowledge in daily practice
    - Assess personal learning goals, transfer of learning, and action plan

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The *Family Engagement* training series provides information and strategies you can use to engage and support families in home visiting. In *Part One: Partnering with Parents*, a 45-minute modules, you'll learn about building relationships that will help families become and stay engaged in home visiting. You'll also learn how reflection can help you in your daily practice with families.

*Developed in Partnership by:*

*National Family Support Competencies addressed:*

- Domain 7: Relationship-Based Family Partnerships
  - Dimension 25 – Respect and Responsiveness
  - Dimension 26- Positive Communication
  - Dimension 27 – Collaboration
- Domain 8: Cultural and Linguistic Responsiveness
  - Dimension 28 – Cultural Competency
  - Dimension 29 – Cultural Humility
  - Dimension 30 – Linguistic Responsiveness
- Domain 10: Professional Practice
  - Dimension 35 – Reflective Practice

**Before the Training**

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Define family engagement as it relates to home visiting.		
Discuss the differences between participation and engagement.		
Discuss the importance of relationship-building to family success in home visiting.		
Describe three phases of building a helping relationship.		
Discuss reflection as a strategy for reaching “hard-to-reach” families.		

My personal learning goals for this training are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

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**After the Training**

Reflections on what I learned:

Questions and concerns I identified:

**Action Plan:** (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- For each family I work with, identify which phase of the relationship-building process we are in and identify two things I can do at the next visit to strengthen our relationship.
- Make a list of my personal and professional boundaries.
- End each visit with a discussion about how the visit went for the family and make sure they understood everything we discussed.
- Schedule a time each day for personal reflection on my work.
- Practice putting myself “in another person’s shoes.”
- Participate fully in Reflective Supervision with my supervisor, if available.
- When planning for a visit, include reflective questions I can ask to help them consider what is working and what isn’t.

**My Action Plan**

Action	Target Date	Date Completed

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