

Note to Learner: The Institute for the Advancement of Family Support Professionals (IAFSP) encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

Ongoing: View the Professional Development Program and each training module as an investment in skills and knowledge to help improve home visitor effectiveness.

Before the training:

- Learner and supervisor review course objectives and home visitor competencies
- Learner rates knowledge of learning objectives

During the training, the learner:

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Prints reflective responses to share with supervisor
- Completes post-training evaluation

After the training:

- Learner:
 - Rates knowledge of learning objectives
 - Completes post-training activities, as required
 - Develops an action plan for applying skills and knowledge in daily practice
 - Meets with supervisor to:
 - Review pre- and post-training activities
 - Discuss reflections, questions, and concerns
 - Review action plan for applying skills and knowledge in daily practice
 - Assess personal learning goals, transfer of learning, and action plan over time

This 45-minute modules will prepare family support professionals and others to educate families and caregivers about the risks and consequences of Shaken Baby Syndrome and to support individuals who may be at higher risk for abusing children.

Participants will learn the reasons that babies are at risk for Shaken Baby Syndrome and the caregiver risk factors and triggers that lead to abuse. They'll also learn prevention and education techniques they can use with families.

NATIONAL FAMILY SUPPORT PROFESSIONAL COMPETENCIES

- Domain 1: Infant and Early Childhood Development
 - Dimension 3: Infant care
 - Component a: Crying
- Domain 2: Child Health, Safety and Nutrition
 - Dimension 10: Child abuse, neglect and maltreatment
 - Component a: Signs of abuse
 - Component b: Shaken baby syndrome
- Domain 10: Professional Practice
 - Dimension 34: Ethical and legal practice
 - Component a: Mandatory reporting

BEFORE THE TRAINING

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Explain the reasons that babies are at risk for Shaken Baby Syndrome.		
Describe the developmental basis for normal infant crying.		
Identify risk factors and triggers that may lead to abuse.		
Describe prevention and education techniques that can be used with families.		
Discuss strategies for talking about abusive head trauma (SBS) with families.		
Describe the responsibilities of a Mandated Reporter.		

My personal learning goals for this training are:

1. _____
2. _____
3. _____

AFTER THE TRAINING

Reflections on what I learned:

Questions and concerns I identified:

Action Plan: (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Talk with expectant and new parents about infant crying behavior, soothing techniques and strategies for managing stress and frustration with infant crying.
- Engage in structured practice with supervisor and/or colleagues to become more comfortable talking with families about the danger of shaking a baby.
- Share written information and relevant videos with families.
- Provide families with simple, written information they can share with others who take care of their baby.
- Review my agencies policies and procedures for reporting suspected child abuse and neglect.

My Action Plan

ACTION	TARGET DATE	DATE COMPLETED